



# SHREE RAMKRISHNA NETRALAYA

Super Speciality Eye Care

- MAKHMALI TALAO THANE
- GHODBUNDER ROAD THANE
- MULUND EAST
- VASHI - NAVI MUMBAI
- SEAWOODS - NAVI MUMBAI

## Let's save children from Myopia

Shree Ramkrishna Netralaya gets Thane's and Navi Mumbai's first ZEISS Myopia Lab for children. The Thane lab was inaugurated on July 8 at the hands of Dr Shrikant Shinde, MP Kalyan constituency, and the Vashi (Navi Mumbai) lab was inaugurated on July 15 at the hands of Arvind Walvekar, retired senior Scientific Officer at Bhabha Atomic Research Centre and Chairman - Jyeshtha Nagarik Sangh (Nerul).

The ZEISS Myopia Labs aim to slow down the progression of myopia among children. It offers lenses designed for young eyes to provide clear and comfortable vision, adapted to their growing anatomical

changes and visual behaviour with age. It will address the issue of growing myopia cases among children. Shree Ramkrishna Netralaya believes every child deserves the best possible vision, and Myopia Lab endeavours to offer a solution to help them achieve that.

With the increased screen time observed among children, eye problems have recently picked up pace. Shree Ramkrishna Netralaya has taken this game-changing step to cater to this growing woe. With all the bases covered, the eye hospital has made its way to become arguably the best family eye-care centre in the Mumbai Metropolitan Region.



MP Dr Shrikant Shinde inaugurates Myopia clinic at Thane's Shree Ramkrishna Netralaya.

## TWO DECADES OF 'EYE'DEAL JOURNEY!



Dr Suhas Deshpande, Dr Nitin Deshpande & Dr Prajakta Deshpande

Shree Ramkrishna Netralaya (SRN) was started in 2003. With a humble beginning in the Makhmali Talao area, SRN now boasts of five centres across Thane, Mulund and Navi Mumbai. All the centres offer world-class eye care at affordable rates. The Ghodbunder road centre, spread across a sprawling 10,000 square feet, offers robotic ophthalmic surgeries and other eye care treatments of international standards.

SRN is fully NABH accredited for patient safety and care. The hospital takes utmost safety precautions for all its patients. There are B-type autoclave vacuum and laminar airflow systems in its



operation theatres.

SRN has introduced many firsts in Thane and Navi Mumbai in terms of technology and services like Lensar California USA

Bladeless cataract technology, Bladeless Streamlight Lasik and many more. The latest addition is of Zeiss myopia clinic to address the growing concern of high glass powers in children.

The strength of SRN is its superspeciality trained ophthalmic consultants. The consultants at SRN cater to all complex medical and surgical ophthalmic problems. They have decades of experience in offering cutting-edge technology and are skilled professionals. ...PG.3



Shree Ramkrishna Netralaya  
Super Speciality Eye Care

### BRIGHTENING LIVES

with Unparalleled Eye Care Services in Thane & Navi Mumbai

### 50% OFF

On Eye Check up for Age 50 & above

\*Offer Till 31<sup>st</sup> August 2023



- THANE** Super Speciality Eye Care, Dosti Imperia, 1st Flr, Opp. R Mall, Near Chitalsar Police Station, **GB Road** Near Risk Care Hospital, Near Makhmali Talao, **LBS Marg, Thane**
- Navi Mumbai** 1st Floor, Shah Group Building, Above Starbucks, Sector 17, **Vashi** Shop no. 1/2, The residence, Sector 46A, Opp. More Super Market, **Seawoods West**
- MULUND** Vasanti Vihar Cooperative Housing Society Limited, Plot No-7, **Navghar Road**

Call now for appointment: **8291714838 / 7506066769**



**Dr Suhas Deshpande**  
Director  
Senior Consultant

**S**hree Ramkrishna Netralaya offers all the super-speciality eye services under one roof. The hospital has always made the latest technology available globally and offered it to its patients at a reasonable cost.



**Dr Nitin Deshpande**  
Director  
Glaucoma Consultant, Cataract &  
Refractive Surgeon

**A**s the Director of Shree Ramkrishna Netralaya, he has been treating glaucoma for the last two decades. It offers micro incision glaucoma surgery (MIGS), which is considered the best treatment globally. Dr Nitin Deshpande is the first Indian to perform this surgery.



**Dr Prajakta Deshpande**  
Director  
Cataract & Refractive Consultant

**A**cataract surgery at Shree Ramkrishna Netralaya hardly takes 8-10 minutes. The surgery is painless, stitchless, and patchless and is performed using cutting edge technology. No injections are given to patients during their surgeries.



**Dr Vijay Shetty**  
Senior Consultant in Cataract and  
Glaucoma

**S**hree Ramkrishna Netralaya offers the most modern treatment modalities for glaucoma, including trabeculectomy, tube surgeries and minimally invasive glaucoma surgeries like iStent implants. Besides, there is robotic bladeless cataract surgery with the implantation of the spectacle-free intraocular lens, bladeless Lasik and high-definition Contoura treatment.



**Shree Ramkrishna Netralaya**  
conducts free screening camps at  
various societies of Thane and  
Navi Mumbai.



**Dr Prerana Shah**  
Consulting Ophthalmologist and  
Vitreoretinal Surgeon

**H**aving a holistic approach while treating patients is the motto of Shree Ramkrishna Netralaya. The doctors just don't treat eyes but help patients identify the root cause of their eye problems and then prescribe treatment accordingly.



**Dr Shruti Mittal**  
Paediatric Ophthalmologist, Strabismus  
and Neuro Ophthalmologist

**S**hree Ramkrishna Netralaya's paediatric ophthalmology is an established wing, which uses advanced machinery and up-to-date know-how to treat young eyes. The doctors and optometrists are trained to examine children of all ages, including newborns.



**Dr Vishakha Parate**  
Consulting Ophthalmologist

**S**hree Ramkrishna Netralaya aims at screening, diagnosis and medical and surgical management of eye disorders and provide complete eye care under one roof. Using a patient-centric approach, the trained professionals and staff strive to maximise patient care, ranging from paediatric to geriatric populations.



**Dr Tejaswini Varale-Kadam**  
Consulting Ophthalmologist

**R**obotic Cataract surgery with Lensar Laser System makes Shree Ramkrishna Netralaya stand apart from its peers. With this technology, surgeons can get a sophisticated 3D view of the patient's eye, which helps them plan and treat cataracts effectively. It also reduces the time taken to complete the surgery.



**Dr Swapna Wankhede**  
Consulting Ophthalmologist

**A**t Shree Ramkrishna Netralaya, the aim is to achieve high accuracy in the pre-cataract tests with the latest and most advanced machines like IOL master 700, Verion, etc. (which helps in accurate post-operative results) and great surgical expertise. A perfect blend of technology and experience makes the whole cataract surgery process seamless for the patient.



## OUR SPECIALIZED TREATMENTS

- » Bladeless Lasik Surgery - Contoura Vision
- » Bladefree Robotic Cataract Surgery » Glaucoma Treatment
- » Dry Eyes Treatment » Diabetic Retinopathy Treatment
- » Lasik Laser Vision Correction

...PG.1

## TWO DECADES OF 'EYE'DEAL JOURNEY!

SRN's optometrists and other supporting staff are oriented to provide compassionate care to all who seek our services. The optometrists also offer speciality contact lens and ocular prosthesis services.

Besides, the hospital has well-appointed optical stores in all its centres, which collaborate with Carl Zeiss Germany to provide the best available global eyewear solutions.

Over the past 20 years, SRN has become the leading eye care provider in Mumbai, Thane and Navi Mumbai, thanks to lakhs of patients who have patronised its services.

SRN has maintained transparency with all its stakeholders and has always adhered to ethical practices from day one. The hospital's name, 'Shree Ramkrishna Netralaya,' amplifies that it is spiritual by nature and believes in righteousness.

## SRN introduces cutting-edge technology to give you a better vision

Shree Ramkrishna Netralaya has added yet another effective tool to its armoury: iTrace. The hospital has introduced cutting-edge technology to give you better vision post-surgery.

### Advantages of iTrace

This machine uses revolutionary ray tracing technology for:

- » Early detection of cataracts
- » Identifying problems at different levels of the visual system for accurate treatment
- » It also detects the quality of vision pre and post-surgery

### Benefit to the patient

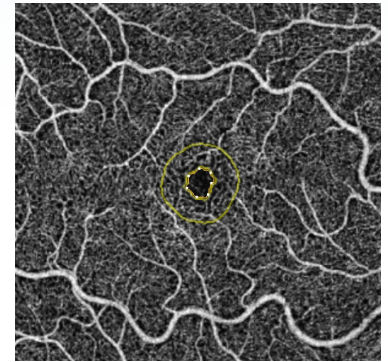
It helps get better, more accurate and predictable outcomes in refractive vision correction surgeries like modern cataracts and Lasik surgeries.



## Get a detailed analysis of all your eye problems with OCT Angiography

Shree Ramkrishna Netralaya has always been the frontrunner in introducing new technology that helps in the effective eye treatment of patients. OCT (Optical Coherence Tomography) Angiography is one of the latest advancements that finds a place in Shree Ramkrishna Netralaya's rich repertoire. The hospital uses Optovue Oct USA.

OCT Angiography uses trailblazing technology for non-invasive imaging of vasculature of the retina. It is a great tool that helps in early and non-invasive detection of eye diseases like age-related macular degeneration, diabetic abnormal new vessel formation, glaucoma, etc. It

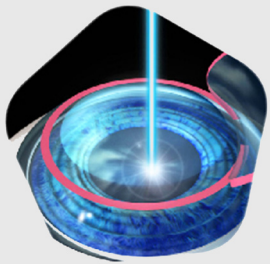


also helps in follow-ups of previously diagnosed patients by early detection of regression or recurrence of the disease.

## SRN opticals



Shree Ramkrishna Netralaya is proud to partner with the world's best eye care brand ZEISS for opticals.



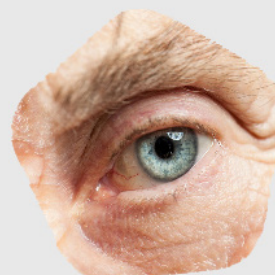
### LASIK THERAPY

This procedure can be used to treat myopia (near sightedness), hyperopia (Farsightedness) and Astigmatism.



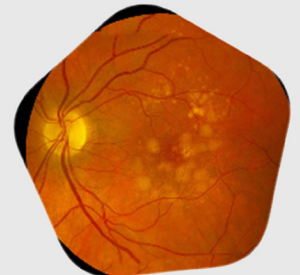
### GLAUCOMA TREATMENT

Glaucoma is the second leading cause of blindness in the world, according to the World Health Organization.



### CATARACT SURGERY

Cataract is clouding of normal clear crystalline lens of the eye. It leads to decrease or loss of functional vision.



### DIABETIC RETINOPATHY

India logged 31 million new diabetes patients in 2019-21.

# Happy Patients of Shree Ramkrishna Netralaya

Last month I underwent cataract surgery in both eyes at Shree Ramkrishna Netralaya, Thane. I am very much indebted to Dr Nitin Deshpande for making it successful. I thought it would be a complicated process, but he made it extremely easy with his experience. The hospital is equipped with world-class machines and expert technicians, and staff. About four to five months ago, I started seeing a bit blurry and out of focus in both eyes. I thought my glasses number must have changed. So when I went to change it to the optician, he told me you should see a doctor; it looked like a different problem. So I went to my very old friend and Gurubandhu, Dr Suhas Deshpande, an eye specialist. He checked and referred me to his son Dr Nitin Deshpande, who heads Shree Ramkrishna Netralaya. As soon as I showed it to him, he recognised



its seriousness and told me I had a cataract and needed an operation. Dr Nitin first operated on the right eye and, after four days, on the left eye. I did not even know that the operation was done as Dr Nitin has a very light hand. He has studied abroad and is a qualified doctor. It's been a month since the operation today. But the divine vision I have received from it has given me such a clear world that I can't even describe. All my work is done on my laptop and mobile, and my newly recharged eyes are also important. I wish Dr Nitin all the best. At a very young age, he set up an ambitious state-of-the-art eye clinic offering the best eye care.

**- Purushottam Berde**  
Writer / Director / Music Composer,  
Marathi Theater and Films



## Saikat Dutta

It was my first-ever experience at Shree Ramkrishna Netralaya and I feel happy to share that it was perfect. I was suffering from cataract and I visited the hospital to get it treated. The doctor operated me well and I can now see clearly. The hospital has the best of facilities and experienced doctors. I recommend Shree Ramkrishna Netralaya to anyone having eye problems.



## Amarjot Singh Gulati

I got my cataracts removed at Shree Ramkrishna Netralaya. Dr Nitin Deshpande, who operated on me, has excellent hands. I hardly realised that I had undergone surgery. The hospital lays a lot of emphasis on cleanliness. Everything is spic and span there. The waiting area is good too. The doctors and the other staff are cordial and kind. My entire family believes in Shree Ramkrishna Netralaya and visits the hospital in case of any eye problem.

## Gouri Kothari

I visited Shree Ramkrishna Netralaya to get my father-in-law treated for cataracts. Besides his successful surgery, the fact that the hospital had counsellors impressed me. Whatever queries I had, they answered with patience. They also helped me to understand the cataract treatment. Shree Ramkrishna Netralaya scores high in hygiene and cleanliness. Like my father-in-law, my husband and I prefer Shree Ramkrishna Netralaya for our eye problems.



## Paramjeet Singh Palahyia

I underwent Lasik surgery at Shree Ramkrishna Netralaya. It was a successful operation. The doctors and the staff there are very polite, helpful, and cooperative. When I went there for the first time, the doctor explained the problem and how it would be resolved. Shree Ramkrishna Netralaya has been our family hospital for the last three years.

## SHREE RAMKRISHNA NETRALAYA

### GHODBUNDER

Super Speciality Eye Care, Dosti Imperia, 1st Floor, Opposite R Mall, Near Chitalnar Police Station, Ghodbunder Road, Thane (W), Maharashtra, India.

### MAKHAMALI TALAO

Near Risk Care Hospital, Near Makhamali Talao, LBS Marg, Thane (West) - 400 601, Mumbai, Maharashtra.

### MULUND, NAVGHAR

Vasanti Vihar Cooperative Housing Society Limited, Plot No-7, Navghar Road, Mulund (East), Maharashtra, India.

### VASHI

1st Floor, Shah Group Building, Above Starbucks, Sector 17, Vashi, Navi Mumbai - 400706, Maharashtra, India.

### SEAWOODS

Shop no. 1/2, The residence, Sector 46A, Plot no. 4, Opp More Super Market, Seawoods West, Navi Mumbai.

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